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SEASONAL WELLNESS VACCINE CLINICS



Summit Independent Living and UM Pharmacy Partnership are supporting US Aging's Aging & Disability Vaccination Collaborative (ADVC) with grant financing from USAging/ACL. With this new grant, Summit is able to support an array of vaccination education and promotion activities, including community vaccination clinics, in-home vaccinations, transportation to vaccination sites, and outreach and education for older adults and people with disabilities.

If you are interested in learning more about this exciting project or you would like to know when a seasonal wellness vaccine clinic will be occurring near you, please scan the QR code to left to visit our website or call Kristy at 406-728-1630.





powered by USAging

ARE YOU PREPARED FOR THE NEXT DISASTER? (PART 2)

How Do I Stay Informed About Local Disasters and Emergencies?

Sign up to receive local alerts – Stay informed about emergency happening in your area and evacuation notices by signing up to receive your local emergency alerts. Below is a list of the emergency notification systems currently utilized in counties and reservation within the Summit IL service area. Make sure to visit your local county website to find out what emergency notification system is being utilized in your area because they do change periodically. Sign up to receive alerts on the emergency notification website used in your area.

County and Reservation Emergency Notification Systems:

Missoula County – Smart911

www.smart911.com

Ravalli County - Hyper-Reach

https://signup.hyper-reach.com/hyper_reach/sign_up_page_2/?id=94142

Lake County – Hyper-Reach

https://signup.hyper-reach.com/hyper_reach/sign_up_page_2/?id=95122

Mineral County – Smart911

www.smart911.com

Sanders County – Hyper-Reach

https://signup.hyper-reach.com/hyper_reach/sign_up_page_2/?id=82983

Lincon County – AlertSense

https://www.co.lincoln.wa.us/sheriff/receive-emergency-alerts/

Flathead County - CodeRED

https://public.coderedweb.com/CNE/en-US/BFB7CC4C6COA

Flathead Reservation - Rave Alert

https://csktribes.org/component/rsfiles/files?folder=Tribal%2BCouncil%252FMinutes%25 2F2022%252FAug&Itemid=101



Upcoming Workshops and Classes

For Parents or Guardians with Disabilities

Any and all disabilities & genders are welcome

CIRCLE

PARENT/GUARDIAN COMMUNITY

Starts January 31, 2024 Wednesday @ Noon-2pm

Summit Conference Room 700 SW Higgins, Ste 101

For more information or to register please contact Theresa Martinoski at Summit Independent Living, 406-728-1630 ext. 111

Facilitated by Leanne Beers, PhD and Samantha Chase, MSW(C)

CHEW Cooking Workshop

Join the Summit CHEW (Cost-effective Healthy Eating Workshops) cooking group for a 15 week social cooking experience. You and your fellow group members will present and prepare delicious recipes, learn about healthy and affordable eating options, and discuss what mealtime means to you. Cooking Workshop

The workshop runs January 3 through April 10, 2024, every Wednesday from 11:00AM to 1:00 PM at the Missoula Food Bank & Community Center.

A recipe will be emailed to you several days before each workshop so you can plan, prepare, and gather your ingredients.

If you have any additional questions or would like to sign up for the workshop please contact Alyssa: (406) 728-1630 ext. 116

Hamilton Office Update

Summit's Hamilton office continues to be busy helping consumers with SSDI/SSI claims, and Requests for Reconsideration.

County Coordinator Alan Fugleberg and Program Coordinator Travis Hoffman began providing some technical assistance on accessibility to the YWCA in Missoula.

Alan, a member of the Rocky Mountain ADA Center, authored an article Digital accessibility in Post-Secondary Education: A critical consideration for executives and senior administrative officers that will be published by the Center in January.

Groups are meeting several days each week, and the Art Expressions class is gaining in popularity. The Rainbow River group is not meeting at this time due to a lack of interest. We hope to bring it back in the future. The Hamilton office also hosted a vaccination clinic.

For more information about our classes and workshops please call 406-363-5242.

Ronan Office Update

Summit's Ronan office is now involved with providing youth transition services. IL Specialist Carol Madden began working with youth through the Pre-ETS program in collaboration with the Kalispell Vocational Rehabilitation office.

Carol has met with the special education departments at Ronan and Polson High Schools. She will be offering a BALLS class in Polson in January.

The Ronan office hosted a vaccination clinic as part of the Disability and Aging grant involving the Rural Institute, UM School of Pharmacy, and Summit.

The Ronan office continues to be open Monday – Fridays, and is seeing an uptick in SSDI/SSI claims for benefits. The Arts and Crafts class continues to meeting on Thursdays in the Ronan office conference room.

If you have any questions about our classes and workshops, please call 406-215-1604.

Kalispell Office Update

Warm winter greetings from Kalispell!

Our Kalispell office has moved! We are now located in the Ashley Square Mall and our address is 275 Corporate Drive STE 200, Kalispell, MT 59901. The Phone number has not changed.

With the new year upon us, we would like to announce that we are offering a workshop Called Living Well in the Community (LWC). LWC is an eight week workshop within the HCL Program for people who want to set goals to support their overall quality of life and wellbeing. The workshops will be held on Thursday afternoons from 2:30-4 p.m. beginning January 11th and we will wrap up on February 29th.

Workshop participants can:

Our arts and crafts group, Third Wednesday Crafternoon,

meets each month on the third Wednesday from 2-4p.m. Participants can try a provided project or work on something of their own. Abilities of all kinds are welcome to join the fun! Upcoming meetings are January 17th, February 21st and March 20th.

Our youth group, YODA, continues to meet twice monthly on the second and fourth Tuesday of each month. We continue to promote team building with group activities that focus on collaboration, advocacy, and, of course, fun! Upcoming meetings are January 9th, January 23rd, and February 13th.

Please contact Dianna at 406-257-0048 ext.3 or dkintzler@summitilc.org if you are interested in the LWC workshop, YODA meetings, or Art group!

SUMMIT STAFF

Missoula County

Executive Director

Tami Hoar

Program Coordinator

Travis Hoffman

SD-CFC/PAS Program Manager

Carrie Dyrud

SD-CFC/PAS Coordinator

Patti Montgomery-Stewart

SD-CFC/PAS Coordinator

Devon Harris

SD-CFC/PAS Administrative Assistant

Jessica Workman

Missoula County Coordinator

Alyssa Coty

IL Specialist & Peer Coordinator

Tyler Stosich

Program Support Specialist

Theresa Martinosky

Project Coordinator

Kristy Hunt

IL & Recreation Specialist

Brenden Dalin

BASE Coordinator

John Howard

Youth Transitions Coordinator

Gavin Workman

Youth IL Specailist

Vacant

BASE Advisor

Michael Beers

Administrative Assistant

Laurie Swanson

Financial Officer

Scott Fels

Accounting Assistant

Kellie Morrison

Flathead County United



County Coordinator

Dianna Kintzler

Independent Living Specialist

Vacant

SD-CFC/PAS Specialist

Aleyna Raymond

Ravalli County

Deputy Director

Alan Fugleberg

Independent Living Specialist

Alice Mainwaring

Peer Support Specialist

Mary Millin

Lake County

Deputy Director

Alan Fugleberg

Independent Living Specialist

Susan Morris

Independent Living Specialist

Carol Madden

New Summit Staff

Kristy Hunt

Project Coordinator for the Vaccine Initiative - Missoula



Kristy Hunt has been working in project Management & Operations consulting for almost 30-years, with special focus on Non-Profit organizations. She has her own Nonprofit background in helping the homeless and financially insecure obtain healthy food and plant based treatments for illness.

Kristy's lifelong joy has always been helping those in need and she also enjoys cooking for people. Some of her hobbies include gardening, photography, art, music, riding her bike, racing

cars and watching terrible movies.

Ktisty is new to Missoula and still getting to know the area. She has a teen daughter with Autism and also manages her own disabilities; making her uniquely qualified to understand the roadblocks many face in our complicated society.

Kristy is proud to be at Summit and looks forward to not only helping the Vaccine initiative be successful, but to also assisting in getting communities to recognize the valuable work Summit is doing.

We're Hiring!



INDEPENDENT LIVING SPECIALIST
- KALISPELL OFFICE



YOUTH INDEPENDENT LIVING SPECIALIST
- MISSOULA OFFICE

Send your resume, cover letter, and Summit employment application to

thoar@summitilc.org



Application materials available for download on Summit's website at www.summitilc.org/about/employment

800 WORDS: THE TRANSMIGRATION OF PHILIP K. DICK by Victoria Stewart

A Quantum Dream is proud to present "800 Words:

The Transmigration of Philip K. Dick," a play by Victoria Stewart.

January 25, 26, 27 and 28 at 7:30PM; matinee January 28th at 2PM, at Zootown Arts Community Center (ZACC), 215 W Main St, Missoula, MT, 59802.

800 Words: The Transmigration of Philip K. Dick is a reinvention of the last few days of Philip K. Dick, the science fiction author, who had religious visions in 1974 when an extraterrestrial God appeared to him, communicating with artificial intelligence. Based on a true story, the play begins just as Philip's novel Do Androids Dream of Electric Sheep is to be released as the Hollywood film Blade Runner. Using theatrical transformations, the play is structured so that memories and events bleed into each other, fusing and merging in Philip's internal landscape. 800 Words: The Transmigration of Philip K. Dick is about God, art, madness, time, fiction and reality.

800 Words contains material intended for a mature audience, and is recommended for people who are 13 years old or older.

**Attendees please note that this play includes the explicit depiction of suicide. If you or someone you know is contemplating suicide, know that there are resources to help. The 988 Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States. Dial 988 at any time, from any device.

Audio description for blind and visually impaired patrons will be made available at all performances. Please purchase an Audio Description Ticket in advance

Open captions provided on Friday and Sunday evening performances.

Sunday's matinee will be sensory relaxed, for sense sensitive patrons. Staff will be on hand to provide a quiet space if needed. Copies of the script will be available for folks to read in advance, if desired. For a copy of the script please reach out directly to the production team at A Quantum Dream at: aquantumdream@outlook.com.

\$15 general admission, \$20-25 Theatre Supporter Ticket $/\!/$ 13+ Recommended

To purchase tickets visit: https://showroom.zootownarts.org/.../missoula-montana/

All tickets are general admission. Theatre Supporter Tickets are a way for patrons to provide more financial support to performers.

For further information, please contact aquantumdream@outlook.com



725 West Alder, #4

Missoula, MT

- All Abilities Yoga on Zoom Wednesdays 4pm-5pm
- Game Night
 Every Thursday (Call for Details)
- Art Group
 Fridays 1pm-3pm
- Healthy Relationship Class (Call for Details)
- Improv Workshop
 Every Thursday (Call for Details)
- BOLD Game Night
 2nd Wednesday monthly 5:00-7:00pm

Workshops Coming Soon:
-BASE Movie Night
-Stage Combat
-Film Workshops

For BASE Schedule Updates and Additional Events go to:

www.summitilc.org/calendar

or check the BASE Facebook page at https://www.facebook.com/base725

To get involved or to share ideas of new BASE programs, contact BASE <u>jhoward@summitilc.org</u>.

Contact BASE:

www.basemissoula.org

Phone: 406-215-1080

CLASSIFIED ADS

Jazzy Pride Wheelchair

\$1000 obo, only 2yrs old call: Linda 406-531-4938

2014 Dodge VMI Conversion Van

Grand Caravan, 59,000 miles \$30,000 obo, call: 406-543-2345

Shoprider power chair

300lb capacity. Needs battery & charger. Free (406) 728-1630

Symmetry Stander, Quickie Powerchair, Invacare Powerbed, Hover lift

Comfortable, easy-to-use seat stander Call/leave message: Tejeanne (406) 865-0221

Power Scooter

\$500 obo. Please contact Adrian: (406) 263-8650

Adult Tricycle

Schwinn 26" tricycle, bike pump included. \$500obo (406) 721-1698

Wheelchair Lift

Ricon wheelchair lift model #S1231 G00100100. \$4000bo. Contact: Cory (406) 471-3314

Silver Spring wheelchair ramp 10' L x 36" W

Made of high-strength light weight aluminum. \$297obo. Contact: tamera144@gmail.com or 406-363-4898

Smart Talker text scanner

Slightly used, \$700. Contact Larry at 406-633-4036 or ketch1969@gmail.com

Nova Walker, Quontum 600 power wheelchair, Commode, 2 Transfer Benches, Beezy Manual Wheelchair. Call Gary (406) 224-5527 or garylee032051@gmail.com

To get listed contact Tyler Stosich at (406) 728-1630 or email tstosich@summitilc.org.

Or, list and find items on the MonTECH exchange: http://montech.ruralinstitute.umt. edu/mtdb/

2024 SOCIAL SECURITY CHANGES

Cost-of-Living Adjustment (COLA):

Based on the increase in the Consumer Price Index (CPI-W) from the third quarter of 2022 through the third quarter of 2023, Social Security and Supplemental Security Income (SSI) beneficiaries will receive an 3.2 percent COLA for 2024.

Social Security Disability Thresholds

Substantial Gainful Activity (SGA): 2023 2024

Non-Blind \$1,470/mo. \$1,550/mo. Blind \$2,460/mo. \$2,590/mo.

Trial Work Period (TWP)` \$ 1050/mo. \$ 1110/mo.

SSI Federal Payment Standard:

Individual \$ 914/mo. \$ 943/mo. Couple \$ 1,371/mo. \$ 1,415/mo.

SSI Resource Limits:

Individual \$2,000 \$2,000 Couple \$3,000 \$3,000



BECOME AN ADVOCATE





Scan to sign up for email alerts, view posted alerts, or even see what legislation we are tracking.

The Montana Centers for Independent Living Action Alert system is an email listserv and online portal designed to inform you about current local, state, and national issues that affect the lives of people with disabilities.



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