



## Services Provided by Montana's Centers for Independent Living:

- Information & Referral (I&R)
- Benefits Assistance/Counseling
- Advocacy Services/Legal Referral
- Peer Advocacy/Support
- Skills Training
- Self-Directed Personal Assistance and Community First Choice Services
- Youth Education & Transition Services
- Nursing Home Transition & Diversion Services
- Disability Education/Social Change
- Systems Advocacy/Change

Montana's Centers for Independent Living provide services to approximately 2,500-3,000 individuals with disabilities and conduct approximately 5,500-7,000 I&R's statewide annually.

## MONTANA CENTERS FOR INDEPENDENT LIVING

### Living Independently for Today & Tomorrow

Billings, MT

Serving 18 SE Montana Counties

Tami Hoar, Director

800-669-6319

[www.liftt.org](http://www.liftt.org)

### Montana Independent Living Project

Helena, MT

Serving 14 SW Montana Counties

Bob Maffit, CEO

800-735-6457

[www.milp.us](http://www.milp.us)

### North Central Independent Living Services

Great Falls, MT

Serving 17 N Central & E Montana Counties

Tom Osborn, Director

800-823-6245

[www.ncils.org](http://www.ncils.org)

### Summit Independent Living

Missoula, MT

Serving 7 W Montana Counties

Mike Mayer, Director

800-398-9002

[www.summitilc.org](http://www.summitilc.org)

Montana Centers for Independent Living



## MONTANA CENTERS FOR INDEPENDENT LIVING

### ADVOCATING

### FOR MONTANANS

### WITH DISABILITIES

# MONTANA CENTERS FOR INDEPENDENT LIVING

are **non-residential**, consumer-controlled, community-based, private, non-profit organizations that provide individual and systems advocacy services by and for persons with all types of disabilities.

Montana Centers for Independent Living work with individuals with disabilities and their families to obtain the services they need to preserve their right to choose, to live, and to fully and equally participate in society.

Montana Centers for Independent Living serve as a strong voice on a wide range of national, state and local issues and work to assure physical, attitudinal, and programmatic access to housing, employment, transportation, communities, recreation, and health and social services.



## WHAT IS INDEPENDENT LIVING?

Independent Living is a philosophy and a movement of people who work to achieve the right of self-determination, equal opportunity and self-respect for all people with disabilities.

Independent Living is the idea that individuals with disabilities should be in **control of their own lives**, **take responsibility for their own actions**, and be able to **make their own**

**decisions**, while at the same time, having the **right to fail or succeed on their own terms**. It means participating in community life and pursuing activities based entirely upon self-determined interests and preferences.

All people, including people with disabilities, want to grow up and live with our own families, go to our neighborhood schools, use the same busses as our neighbors, work in jobs that are in line with our

education and interests while being fairly and competitively compensated, and be able to start and raise our own families.

In pursuit of our missions, each of our centers offer a wide range of services designed to give people with disabilities the tools and resources they need to improve their independence, self-confidence, knowledge, skills and access to community resources so that they may accomplish their own goals and lead successful and independent lives.

One of Independent Living's core principles is:

***Nothing About Us, Without Us!***

Nothing About Us, Without Us is a philosophy that people with disabilities should and must be involved in matters and have a say in decisions that impact their lives.

